Thank you for your interest in submitting a blog for Excavation Safety Magazine. Instructions for submission:

1. Answer the questions below.
2. Save the completed file.
3. Upload the file to the [abstract submission page](https://excavationsafetyalliance.com/shareyourvoice) with 1-6 images.
4. Specs
   1. Blogs should be less than 2,500 words.
   2. Featured images are 1,200 x 600 px

**Proposed Title**

**Insert title here**

**Blog Write-Up**

**Insert blog here**

**Please list the stakeholder groups who would benefit from this blog.**

**Which industries or stakeholder groups would benefit from this article?**

**Please provide three key takeaways from the blog.**

**What three things will readers take away from the blog?**